

A selection of fruit & milk available with meals. Check school website uplifteducation.org for additional information and updates

JANUARY 2022

Child Nutrition Program

Breakfast: FREE

Lunch: FREE

Menu Subject To Change

Monday



Breakfast: 10

Breakfast Bar

Lunch:

Chicken Sliders,
Sweet Potato Fries,
Pickles

Tuesday

Breakfast: 11

Honey Bun

Lunch:

Rotini W/Meat Sauce
Garlic Stick,
Steamed Broccoli

Wednesday

Breakfast: 5

Cereal

Lunch:

Mini Corn Dogs,
Broccoli

Thursday

Breakfast: 6

Ham & Cheese Croissant

Lunch:

Chopped Beef Sandwich,
Mac & Cheese

Friday

Breakfast: 7

Donut Holes

Lunch:

Turkey Meat Lover's Pizza
Green Beans



Breakfast: 24

Nutrigrain Bar

Lunch:

BBQ Drumstick,
Steamed Broccoli

Breakfast: 18

Cinnamon Roll

Lunch:

Street Tacos,
Lettuce/Tomato,
Pinto Beans

Breakfast: 19

Oatmeal Bar

Lunch:

Cheeseburgers,
Burger Cups,
Potato Wedges

Breakfast: 20

Cereal

Lunch:

Chicken Wings,
Carrot & Celery W/Ranch,
Roll

Breakfast: 21

Kolache

Lunch:

Pepperoni Pizza,
Cucumber W/Ranch

Breakfast: 25

Pancake Wrap

Lunch:

Chicken Wings,
Carrots & Celery W/Ranch,
Roll

Breakfast: 26

Cereal

Lunch:

Mini Corn Dogs,
Broccoli

Breakfast: 27

Breakfast Bar

Lunch:

Chopped Beef Sandwich,
Mac & Cheese

Breakfast: 28

Donut Holes

Lunch:

Ranchero Pizza
Steamed Corn

Breakfast: 31

Breakfast Bar

Lunch:

Chicken Sliders,
Sweet Potato Fries,
Pickles

[En Non-Discrimination Statement In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at How to File a Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. ter Additional Info